

Resources designed with your comfort in mind.

From the moment your doctor prescribes HUMIRA, it may comfort you to know about HUMIRA Complete. It's an experience designed to give you the information and resources you need, when you need them. And it's available at no additional cost to you.

At the heart of HUMIRA Complete is your Nurse Ambassador.

This registered nurse is dedicated to:

- ▶ **Talking with you one-to-one** so you'll have a familiar voice who'll listen to you and get to know your specific needs
- ▶ **Answering questions about the insurance process** and your plan's coverage of HUMIRA
- ▶ **Assisting you in finding ways to lower the cost of HUMIRA**—no matter what your financial situation or job status
- ▶ **Helping you with injection training**—your Ambassador can arrange in-home injection training with a registered nurse

Nurse Ambassadors do not give medical advice. For any treatment-related questions, including referrals, always talk with your doctor.

Questions? Call **1.800.4HUMIRA** (1.800.448.6472).

Your Ambassador will call you within one business day once you've enrolled.

HUMIRA Uses¹

HUMIRA is a prescription medicine used to treat adults with moderate to severe chronic plaque psoriasis who are ready for systemic therapy or phototherapy, and are under the care of a doctor who will decide if other systemic therapies are less appropriate.

HUMIRA is a prescription medicine used alone or with certain other medicines to reduce the signs and symptoms of psoriatic arthritis in adults, may prevent further damage to your bones and joints, and may help your ability to perform daily activities.

HUMIRA is a prescription medicine used to reduce the signs and symptoms of moderate to severe hidradenitis suppurativa in adults.

Safety Considerations¹

Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections. HUMIRA may increase the chance of getting lymphoma, including a rare kind, or other cancers. HUMIRA can cause serious side effects including hepatitis B infection in carriers of the virus, allergic reactions, nervous system problems, blood problems, heart failure, certain immune reactions including a lupus-like syndrome, liver problems, and new or worsening psoriasis.

Please see additional Important Safety Information on page 2.

Please see accompanying Full Prescribing Information, including Medication Guide or visit www.rxabbvie.com/pdf/humira.pdf and discuss with your doctor.

HUMIRA[®]
adalimumab

Important Safety Information About HUMIRA® (adalimumab)¹

What is the most important information I should know about HUMIRA?

You should discuss the potential benefits and risks of HUMIRA with your doctor. HUMIRA is a TNF blocker medicine that can lower the ability of your immune system to fight infections. You should not start taking HUMIRA if you have any kind of infection unless your doctor says it is okay.

- **Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections.** Your doctor should test you for TB before starting HUMIRA, and check you closely for signs and symptoms of TB during treatment with HUMIRA. If your doctor feels you are at risk, you may be treated with medicine for TB.
- **Cancer.** For children and adults taking TNF blockers, including HUMIRA, the chance of getting lymphoma or other cancers may increase. There have been cases of unusual cancers in children, teenagers, and young adults using TNF blockers. Some people have developed a rare type of cancer called hepatosplenic T-cell lymphoma. This type of cancer often results in death. If using TNF blockers including HUMIRA, your chance of getting two types of skin cancer (basal cell and squamous cell) may increase. These types are generally not life-threatening if treated; tell your doctor if you have a bump or open sore that doesn't heal.

What should I tell my doctor BEFORE starting HUMIRA?

Tell your doctor about all of your health conditions, including if you:

- Have an infection, are being treated for infection, or have symptoms of an infection
- Get a lot of infections or infections that keep coming back
- Have diabetes
- Have TB or have been in close contact with someone with TB, or were born in, lived in, or traveled where there is more risk for getting TB
- Live or have lived in an area (such as the Ohio and Mississippi River valleys) where there is an increased risk for getting certain kinds of fungal infections, such as histoplasmosis, coccidioidomycosis, or blastomycosis
- Have or have had hepatitis B
- Are scheduled for major surgery
- Have or have had cancer
- Have numbness or tingling or a nervous system disease such as multiple sclerosis or Guillain-Barré syndrome
- Have or had heart failure
- Have recently received or are scheduled to receive a vaccine. HUMIRA patients may receive vaccines, except for live vaccines
- Are allergic to rubber, latex, or any HUMIRA ingredients
- Are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed
- Have a baby and you were using HUMIRA during your pregnancy. Tell your baby's doctor before your baby receives any vaccines

Also tell your doctor about all the medicines you take.

You should not take HUMIRA with ORENCIA® (abatacept), KINERET® (anakinra), REMICADE® (infliximab), ENBREL® (etanercept), CIMZIA® (certolizumab pegol), or SIMPONI® (golimumab). Tell your doctor if you have ever used

RITUXAN® (rituximab), IMURAN® (azathioprine), or PURINETHOL® (mercaptopurine, 6-MP).

What should I watch for AFTER starting HUMIRA?

HUMIRA can cause serious side effects, including:

- **Serious infections.** These include TB and infections caused by viruses, fungi, or bacteria. Symptoms related to TB include a cough, low-grade fever, weight loss, or loss of body fat and muscle.
- **Hepatitis B infection in carriers of the virus.** Symptoms include muscle aches, feeling very tired, dark urine, skin or eyes that look yellow, little or no appetite, vomiting, clay-colored bowel movements, fever, chills, stomach discomfort, and skin rash.
- **Allergic reactions.** Symptoms of a serious allergic reaction include hives, trouble breathing, and swelling of your face, eyes, lips, or mouth.
- **Nervous system problems.** Signs and symptoms include numbness or tingling, problems with your vision, weakness in your arms or legs, and dizziness.
- **Blood problems.** Symptoms include a fever that does not go away, bruising or bleeding very easily, or looking very pale.
- **Heart failure** (new or worsening). Symptoms include shortness of breath, swelling of your ankles or feet, and sudden weight gain.
- **Immune reactions including a lupus-like syndrome.** Symptoms include chest discomfort or pain that does not go away, shortness of breath, joint pain, or rash on your cheeks or arms that gets worse in the sun.
- **Liver problems.** Symptoms include feeling very tired, skin or eyes that look yellow, poor appetite or vomiting, and pain on the right side of your stomach (abdomen).
- **Psoriasis** (new or worsening). Symptoms include red scaly patches or raised bumps that are filled with pus.

Call your doctor or get medical care right away if you develop any of the above symptoms.

Common side effects of HUMIRA include injection site reactions (redness, rash, swelling, itching, or bruising), **upper respiratory infections** (sinus infections), **headaches**, **rash**, and **nausea**. These are not all of the possible side effects with HUMIRA. Tell your doctor if you have any side effect that bothers you or that does not go away.

Remember, tell your doctor right away if you have an infection or symptoms of an infection, including:

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|----------------------------|--|
| • Fever, sweats, or chills | • Warm, red, or painful skin or sores on your body |
| • Muscle aches | • Diarrhea or stomach pain |
| • Cough | • Burning when you urinate |
| • Shortness of breath | • Urinating more often than normal |
| • Blood in phlegm | • Feeling very tired |
| • Weight loss | |

HUMIRA is given by injection under the skin.

This is the most important information to know about HUMIRA. For more information, talk to your health care provider.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

If you cannot afford your medication, visit www.pparx.org for assistance.

Reference: 1. HUMIRA Injection [package insert]. North Chicago, IL: AbbVie Inc.

Please see accompanying Full Prescribing Information, including Medication Guide, and discuss with your doctor.

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 **HUMIRA®**
adalimumab
destination you™

HUMIRA Complete Ambassador Enrollment Form

Office staff:

- Have the HCP and the patient complete and sign this form before leaving the office
- Fax the signed form to **1.866.980.1066**
- Call 1.800.4HUMIRA (1.800.448.6472) if you have questions

Prescriber's Information: Please print clearly. All fields marked with an asterisk (*) are required.

Prescriber Name*	Check One: <input type="checkbox"/> MD <input type="checkbox"/> DO Other:	NPI #
Prescriber Address	City	State ZIP
Office Contact Name*	Phone*	Fax*

HUMIRA Treatment of Patient*: Dosing is the same for Pen and prefilled syringe, given as SC injection. (This is not a prescription.) Please check the appropriate dosing regimen the patient has been prescribed. The RN will use this information for training purposes.

Plaque Psoriasis	<input type="checkbox"/> Starting Doses: Two 40 mg Day 1 One 40 mg Day 8 <input type="checkbox"/> Maintenance Dose: One 40 mg every other week	<input type="checkbox"/> Other HUMIRA Dose:
Psoriatic Arthritis	<input type="checkbox"/> Dose: One 40 mg every other week	<input type="checkbox"/> Other HUMIRA Dose:
Hidradenitis Suppurativa	<input type="checkbox"/> Starting Doses: Four 40 mg Day 1 Two 40 mg Day 15 <input type="checkbox"/> Maintenance Dose: One 40 mg every week starting Day 29 OR <input type="checkbox"/> Starting Doses: Two 40 mg Day 1 Two 40 mg Day 2 Two 40 mg Day 15 <input type="checkbox"/> Maintenance Dose: One 40 mg every week starting Day 29	<input type="checkbox"/> Other HUMIRA Dose:

Nursing Orders: My signature on this Enrollment Form indicates I am requesting a Registered Nurse to either (i) provide patient training on proper technique for self-administration of HUMIRA or, if needed, (ii) the administration of HUMIRA during the teaching visit. Order valid for up to one year.

Prescriber's Signature*

X	Date*
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Patient's Information: Please print clearly. All fields marked with an asterisk (*) are required.

By signing below, you may enroll in HUMIRA Complete and receive your own Nurse Ambassador. Ambassadors do not give medical advice and are trained to direct patients to their health care professionals for treatment-related advice, including further referrals.

First Name*	Last Name*	Gender (check one) <input type="checkbox"/> M <input type="checkbox"/> F
Address	Date of Birth* / /	
City	ST	ZIP*
Phone*	E-mail Address	
Best Time to Call: Monday-Friday <input type="checkbox"/> Morning <input type="checkbox"/> Afternoon <input type="checkbox"/> Evening <input type="checkbox"/> Check here only if it is <u>not</u> okay to leave a message		

For which condition are you being treated? (This service is for approved HUMIRA indications only.)*

<input type="checkbox"/> Moderate to Severe Chronic Plaque Psoriasis (Ps)	<input type="checkbox"/> Psoriatic Arthritis (PsA)	<input type="checkbox"/> Hidradenitis Suppurativa (HS)
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When did you start on HUMIRA?*

<input type="checkbox"/> Not Yet Started	<input type="checkbox"/> 0-6 Months Ago	<input type="checkbox"/> 6-12 Months Ago	<input type="checkbox"/> Over 12 Months Ago
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Patient: Please sign below.

I authorize AbbVie and its partners to use, disclose, and/or transfer the personal information I supply (1) to contact me and provide me with informational and marketing materials and clinical trial opportunities related to my condition or treatment by any means of communication, including but not limited to text, e-mail, mail, or telephone; (2) to help AbbVie improve, develop, and evaluate products, services, materials and programs related to my condition or treatment; (3) to enroll me in and provide me with HUMIRA related programs and services that I may select or refuse at any time; (4) to disclose my enrollment and use of these services to my healthcare providers and insurers; and (5) to use my information that cannot identify me for scientific and market research.

To cancel or request a copy of this authorization, please contact us at 1.800.888.6260. I understand that if I cancel I may not be entitled to receive HUMIRA related programs and services.

By signing this below, I agree to the statements above.

I am entitled to receive a copy of my authorization and I am aware the AbbVie Privacy Statement is available at www.abbvie.com/privacy.html

Patient's Signature* X	Date*
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Please see Uses on page 1 and Important Safety Information on page 2. Please see accompanying Full Prescribing Information, including Medication Guide or visit www.rxabbvie.com/pdf/humira.pdf and discuss with your doctor.

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